

Tiger Relays 4/14/10  
At Edwardsville High School

All times FAT

**Team Scores**

1st Place - East St. Louis	100
2nd - O'fallon	96
3rd - Edwardsville	94
4th - Belleville West	76
5th - Belleville East	49
6th - Triad	42
7th - Cahokia	40
8th - Mt. Vernon	39
9th - Carlinville	25
9th - Alton	25
11th - Benton	18
12th - Centralia	11
13th - North Tech (St. Louis)	8

**4x100 Relay**

1- East St. Lous	49.31
2- Belleville East	49.39
3- Belleville West	49.51
4- O'fallon	49.92
5- Chaokia	50.37
6- Alton	51.13
7-Triad	52.21
8-Noth Tech	52.23
9 - Edwardsville	52.53
10 -Benton	53.06
11-Centralia	57.28
12-Mt. Vernon	1:02.77
13-Carlinville	1:04.49

**4x200 Relay**

1-Edwardsville	1:43.11
2-Belleville East	1:44.09
3-O'fallon	1:44.31
4-Belleville West	1:44.40
5-East St. Louis	1:46.36
6-Chaokia	1:47.60
7-Alton	1:47.80
8-North Tech	1:50.60
9-Triad	1:51.45
10-Centralia	1:52.01
11-Benton	1:53.50
12-Mt. Vernon	2:14.62
13-Carlinville	2:16.47

**3x300 Combined Hurdles**

1- East St. Louis	2:27.58
2-O'fallon	2:34.42
3-Belleville West	2:36.16
4-Edwardsville	2:37.66

**3200m Run**

1-Margo Richardson	11:03.54	Mt.Vernon
2-Maria Effinger	11:49.85	Belleville East
3-Sarah Johnson	12:17.04	O'fallon
4-Paige De La Vega	12:34.83	O'fallon
5-Stephanie Modert	12:36.11	Mt.Vernon
6-Ariane Wright	12:41.12	Edwardsville
7-Diane Frese	12:43.30	Edwardsville
8-Madeline Schmitz	12:49.56	Belleville West

**High Jump**

1-Kerryona Green	5-6	East St Louis
2-Joymesia Howard	5-4	East St Louis
3-Abi Sowash	5-0	Triad
4-Kamara Jones	5-0	Alton
5-Crystal Chatfield	5-0	Triad
6-Lauren White	4-10	Edwardsville
7-Kendra Rakers	4-10	Belleville West
8-Kaesha Gilliam	4-10	Belleville East

**Pole Vault**

1-Haley Holton	10-0	O'fallon
2-Tyler Anderson	9-6	East St Louis
3-Kailey Ackerman	9-6	Belleville West
4-Jenna Wersing	9-6	Carlinville
5-Hannah Faulkner	9-0	Edwardsville
6-Kennedy Roderick	8-6	Edwardsville
7-Alesha McCaskill	8-6	Belleville East
8-Shandria Marshall	8-0	Cahokia

**Long Jump**

1-Sarah Rautio	16-8.75	O'fallon
2-Micayla Collins	16-7.75	Cahokia
3-Joymesia Howard	16-5.25	East St Louis
4-Laila Jason	16-4.00	Edwardsville
5-Alexis McGraw	16-3.75	East St Louis
6-Ashlee Ward	15-11.00	Belleville East
7-Lauren White	15-7.00	Edwardsville
8-Erica McCaster	15-7.00	Belleville West

**Triple Jump**

1-Rylie Bruce	34-4.00	Mt Vernon
2-Micayla Collins	34-1.50	Cahokia
3-Sarah Rautio	33-7.00	O'fallon
4-Christina Haynes	33-6.00	Edwardsville
5-Hannah Sabella	32-11.00	Triad
6- Nakeia Lovett	32-10.50	Cahokia
7-Erica McCaster	32-10	Belleville West
8-Amber Lauer	31-4	Triad

**Shot Put**

1-Kelsey Card	46-1	Carlinville
2-Ashley Gaston	41-0	East St Louis

5-Belleville East	2:38.06	3-Ashley Webb	36-3.50	Benton
6- Triad	2:40.55	4-Sam Vogtle	35-11	Belleville West
7-Centralia	2:46.90	5-Jessica Long	35-5	Cahokia
8-Alton	2:47.30	6-Elizabeth Hampl	35-4	Triad
9-Cahokia	2:51.84	7- Chelsea Hayden	33-2	Benton
		8-Taylor Robinson	33-1.50	Edwardsville

### 1600m Sprint Medley

200-200-400-800	
1-Belleville West	4:25.22
2-Belleville East	4:26.99
3-Centralia	4:27.56
4-East St. Louis	4:29.40
5-O'fallon	4:34.42
6-Edwardsville	4:41.30
7-Mt. Vernon	4:44.75
8-Triad	4:46.33
9-Benton	4:52.01
10-Alton	5:05.26
11-Carlinville	5:23.11

### Discus

1-Kelsey Card	162-5.50	Carlinville
2-Emmonnie Henderson	148-6	Edwardsville
3-Ashley Gaston	139-0.50	East St Louis
4-Ashley Webb	133-3	Benton
5-Melissa Collins	115-5	Edwardsville
6-Elizabeth Hampl	109-7.50	Triad
7-Natalie Taylor	107-0	Benton
8-Jessica Long	105-1.50	Cahokia
9-Amanda Sebesta	102-4	O'fallon

### 4x400 Relay

1-Edwardsville	3:58.33
2-Belleville West	4:00.24
3-O'fallon	4:01.57
4-East St. Louis	4:05.54
5-Alton	4:16.75
6-Benton	4:18.52
7-North Tech	4:21.16
8-Centralia	4:23.04
9-Belleville East	4:26.08
10-Mt. Vernon	4:27.60
11 Cahokia	4:28.73
12 - Triad	4:41.93

### 4x800 Relay

1-O'fallon	9:58.51
2-Belleville West	10:05.97
3-Edwardsville	10:08.51
4-Triad	10:25.94
5-East St.Louis	10:29.81
6-Mt.Vernon	10:46.28
7-Cahokia	11:04.71
8-Alton	11:24.05
9-Centralia	11:36.66
10-Belleville East	11:38.40

### 800 meter Sprint Medley

1-O'fallon	1:49.08
2-Belleville West	1:49.80
3-Alton	1:51.10
4-East St.Louis	1:51.48
5-North Tech	1:54.19
6-Cahokia	1:56.70
7-Edwardsville	1:57.40
8-Belleville East	1:57.94

9-Triad	2:04.19
10-Centralia	2:12.61
11-Carlinville	2:18.17
12-Mt.Vernon	2:24.40
Benton DQ	DQ

**Distance Medley**

1-Mt.Vernon	13:16.44
2-Edwardsville	13:33.79
3-Belleville East	13:37.81
4-Triad	13:39.71
5-O'fallon	13:40.41
6-Belleville West	13:58.66
7-Centralia	14:43.13
8-Alton	15:27.07
9-Cahokia	15:30.74
10-East St. Louis	15:46.54

**Shuttle Hurdle Relay**

1- Edwardsville	1:05.10
2-East St. Louis	1:06.48 ...
3- O'fallon	1:11.08
4-Triad	1:13.49
5-Belleville West	1:15.87
6-Cahokia	1:16.81
7-Alton	1:20.01
Belleville East - DQ	DQ